

Series: Devotion In Action – The book of 2 Peter

Sermon: Total Spirit Workout – 2 Peter 1:5-11

Healthy Godliness Takes Great Effort – v. 5

Eight Qualities Found In A Spiritual Workout – vv. 5-7

- See back page

Getting Stronger, Getting Results – v. 8

- Matthew 20:3, 6

The Long View Is Needed – v. 9

Proving You Have The Right Stuff – vv. 10-11

- Philippians 2:12-13

Questions: Are you seeing growing fruit in godliness from your current workout? How would you rate your current spiritual health? Which of the eight qualities need work? What do you need to change in your current workout program? How can we help

Eight Qualities Found In A Spiritual Workout

Faith – Placing your faith in Christ Jesus gives brings you salvation and into God's family as his child. This is the surrender of your life and decision to follow the Lord.

- Hebrew 11:1, 6

Virtue (also **Goodness** or **Moral excellence**) – Maintaining high moral standards that reflect the excellent character of Christ.

- 2 Peter 1:3, Philippians 4:8

Knowledge – Discerning God's will and then wisely aligning one's life to it. This is a knowledge found in relationship with the Lord that enables one to live a godly life.

- Philippians 1:9, 2 Peter 1:3

Self-Control – Being able to master the desires of life to obtain godliness. Desires such as emotional passions, material appetites, and impulsive decisions.

- Galatians 5:23

Steadfastness (also **Perseverance**) – Being able to handle the pressures of life while enduring in one's faith. Pressures such as illnesses, unexpected challenges, and adversity.

- James 1:2-4

Godliness – (lit. good worship) Seeking to please God through good attitudes and actions in all our relationships.

- 2 Peter 1:3; 3:11, 1 Timothy 4:6-8

Brotherly affection (also **Mutual affection**) – Offering a warm friendship to others, especially within the spiritual family.

- 1 Peter 1:22

Love – Generously and sacrificially loving others while seeking their greatest good.

- John 3:16, 13:34; 15:13