

Ephesians 1:3-6 – Blessings Of The Father

We will only walk out our full calling as children of light when we learn to walk in our spiritual blessings!

Intro. Blessings of the Trinity in Christ! – v. 3

I. Chosen To Be Holy And Blameless Before Him – v. 4

- Genesis 12:2-3, Deuteronomy 7:7-8, 1 Peter 2:9-10
- John 3:18; 5:39-40; 6:43-44, 1 Timothy 2:3-4, Ephesians 1:4 (NKJV)

II. Adopted As Sons According To His Good Pleasure & Purpose – v. 5

- Galatians 3:26-28, Romans 8:15

III. Blessed By Grace In The Beloved – v. 6

- Ephesians 2:8-9, Luke 3:21-22, John 1:11-12

Questions: Describe how you are positioned in this world? From what identity are you living out of and how is that working for you? How would you define your purpose for being here? Ask the Father to help you change your answers that do not align up with his heart for you.

Praise the Father for the blessings he has personally given you (Eph. 1:3-6):

“Blessed be the God and Father of my Lord Jesus Christ, who has blessed me in Christ with every spiritual blessing in the heavenly places, even as he chose me in him before the foundation of the world, that I should be holy and blameless before him, in love, he predestined me for adoption to himself as a son through Jesus Christ, according to the good pleasure and purpose of his will, to the praise of his glorious grace, with which he has blessed me in the Beloved.”

Ephesians' Outline - Learning To Walk

We will only walk out our full calling as children of light when we learn to walk in every spiritual blessing we have in Christ!

Key Verses: Ephesian 2:8-10; 5:1-2

GREETINGS YOU CRAZY BLESSED SAINTS (Eph. 1:1-3)

I. OUR POSITION IN CHRIST - (Eph. 1:3-3:21)

A. OUR SPIRITUAL BLESSINGS IN CHRIST (Eph. 1:3-14)

1. In love we are chosen by the Father (Eph. 1:3-6)
2. By grace we are redeemed in the Son (Eph. 1:7-10)
3. With a promise we are sealed in the Spirit (Eph. 1:11-14)

B. PRAYER FOR GROWING REVELATIONS OF GOD AND OUR POSITION IN CHRIST (Eph. 1:15-23)

1. Praises and intercessions for their faith (Eph. 1:15-19)
 - a. Growing experience of knowing God personally – v. 17
 - b. Growing knowledge of God's calling and future inheritance – v. 18
 - c. Growing knowledge of God's great power available to us – v. 19
2. Growing knowledge of God's resurrection power found in Christ– (Eph. 1:20-23)

C. OUR SPIRITUAL POSITION IN CHRIST (Eph. 2:1-22)

1. Rescued from the devil and the way we used to walk (Eph. 2:1-5)
2. Raised and seated with Christ (Eph. 2:4-7)
3. Rescued by grace alone for a poetic purpose (Eph. 2:8-10)
4. Remember former days of alienation and no hope, and now reconciliation and hope (Eph. 2:11-16)
5. Reconciled into a new family built on peace (Eph. 2:17-22)

D. STEWARDING THE MYSTERY OF CHRIST (Eph. 3:1-13)

E. PRAYER FOR GROWING REALIZATIONS OF CHRIST'S POWER AND LOVE IN US (Eph. 3:14-21)

1. The strength
2. The depth

3. The comprehension

II. OUR PRACTICE IN CHRIST - (Eph. 4:1-6:20)

A. A CALL TO WALK IN UNITY (Eph. 4:1-16)

1. Preserving the unity of the Spirit with proper attitudes (Eph. 4:1-6)
2. Building-up the body of Christ by the grace of diversity (Eph. 4:7-16)

B. A CALL TO WALK IN PURITY (Eph. 4:17-5:21)

1. Walk not as other Gentiles (Eph. 4:17-32)
2. Walk in love (Eph. 5:1-6)
3. Walk as children of light (Eph. 5:7-14)
4. Walk as wisely (Eph. 5:15-21)

C. A CALL TO WALK IN HARMONY (Eph. 5:22-6:9)

1. Husbands and wives (Eph. 5:22-33)
2. Parents and children (Eph. 6:1-4)
3. Masters and servants (Eph. 6:5-9)

D. A CALL TO WALK IN VICTORY (Eph. 6:10-20)

1. Standing strong in the power of the Lord (Eph. 6:10-13)
2. Equipped with the whole armor of God (Eph. 6:14-20)

FINAL BLESSING (Eph. 6:21-24)