

## “Truly, Truly, You Must Be Born Again” - John 3:1-16”

**Lent season** is where one makes space for Jesus through a 40 day fast and walking closely with him in prayer and reading of scriptures.

- Genesis 12:1-3, Matthew 1:1

*A spiritually transformed life is possible if one learns the three lessons that Jesus taught Nicodemus.*

### **Lesson 1: “Truly, Truly You Must Be Born Again” – John. 3:1-3**

Key: Jesus calls for a spiritual paradigm shift if one is to **see** the Kingdom of God and get a new start on life.

- Night is a symbol of spiritual darkness - John 1:5; 3:2, 19; 11:10; 13:30
- What is the Kingdom of God?

### **Lesson 2: “Truly, Truly You Must Be Born Of Water & Spirit” – John. 3:4-8**

Key: Jesus explains that it is only through Spiritual cleansing & regeneration can one to **enter** and live in the Kingdom of God.

- The Greek word translated “wind” also means “Spirit or breath”
- John 3:25, Ezekiel 36:25-27; 37:4-6

### **Lesson 3: “Truly, Truly You Must Believe In Him” –John 3:9-18**

Key: Jesus invites for one to **believe** in who he is in order to receive this new and eternal life with him and his Father!

- Numbers 21:4-9, John 17:3

## **Devotional:**

1. Nicodemus was unsettled with his religious life and wanted something more in his relationship with God. Can you identify with that in some way?
2. What do you think of when you think about the Kingdom of God? Do you want to live life there and why?
3. The journey with Jesus of spiritual transformation requires us to believe in and follow Jesus by the power of his Spirit. It is a long journey like crossing the ocean. Some people try to accomplish this by using a rowboat. Others give up and drift in a raft. But some use a sailboat and harness the wind. With which one do you identify the most and why? How can your life in the Spirit look more like sailing a boat?
4. Are you convinced God loves you? Why or why not? Believe Jesus loves you and it is his desire to spiritually cleanse and regenerate your life by his Spirit. Simply pray and ask.
5. Jesus said we are to “believe in him” as both the Son of Man (vv.13-15) and “the Son of God” (vv. 16-18). Why is this significant? Take time this week to read and meditate on the character of Jesus in his seven “I am” passages in John 6:35; 8:12; 10:7, 14; 11:25; 14:6; 15:1. Ask the Lord to help you to become one who “believes in him” more deeply as you read them.