

Finding Contentment

1 Timothy 6:6

God wants us to learn contentment because it is so foundational to developing our relationship with Him.

Contentment is the ability to be honest about our past disappointments and regrets and our future desires and dreams but to fully experience the pleasure, peace and potential of the present moment.

1. God wants us to be content with what we have and who we are

1 Timothy 6:6-10

Philippians 4:10-13

2 Corinthians 12:9-10

2. Why is it important to God?

- God is content!

- The flip side: malcontent and discontent

- The results

 - Quietness (Psalm 46:10)

 - Availability

 - Generosity (2 Corinthians 9:6-11)

3. What basis do we have for being content?

- Jesus is enough – forgiveness

- Father is enough – provision (2 Corinthians 3:4-6)

- Spirit is enough – power (Ephesians 3:20-21)

Gill Robertson, September 20, 2026

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Reflection Questions

1. Where is God calling you to be content with what you have and with who you are?
2. Where are you recognizing that you carry malcontent – criticizing, grumbling?
3. Where are you discontent and striving, driven to achieve or overcome or compensate?
4. Where is God wanting to bring contentment into your life so that you can be quiet, able to listen to him, at peace, available to step out in the areas where he calls you?
5. Where is God calling you to be content so that you can be generous, with yourself and with your stuff?
6. Is God calling you to lay down your guilt and shame, to let Jesus' blood be enough so that you can be content with the salvation he has provided for you?
7. Is God reminding you to be content with your secure eternal future with him, for that to be enough whatever happens in this life?
8. Is God wanting you to be content with his provision in your life, trusting that he will provide everything you need, content not to have everything yourself, content to need him to come through for you.
9. Is there an area where God is wanting you to be content the supernatural strength of His Spirit to shine through you, rather than being discontented with our human limitations?

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